

Leslie Rae's seven levels of interest in your own development

I have development needs, but I am not at all interested in working on them.

I have development needs, but I don't know what they are.

I have development needs, I know what they are, but refuse to do anything about them.

I have development needs, I know what they are, but I need a push to do anything about them.

I know about my development needs, I'm motivated to do something, but I don't know how to go about it.

I know about my development needs, I'm motivated to do something, and I'm doing so.

I have no development needs.

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